

# The Great Bend Christian



Vol. 42

June 2009

No. 6

## BILL'S BITS -

### CHRISTIANITY AND HEALTH

A prominent surgeon once said, "I have discovered the Kingdom of God at the point of my scalpel. It is written in the tissues. The right thing is always the health thing." The *British Medical Journal* said, "There is not a tissue of the human body wholly removed from the influence of the spirit of man." What is the meaning of this? Psychologists and physicians are saying that there is a definite connection between healthy minds and healthy bodies. Illnesses caused by wrong mental attitudes can ultimately develop into organic disorders. Real dangers to personal health are resentment, fear, self-centeredness, and a sense of guilt. Jesus, who never used the term "psychiatry," was Himself a psychiatrist. His beatitudes, meaning beautiful attitudes, are an appeal for healthy mindedness. **"Blessed are the pure in heart."** This is an appeal to be clean on the inside. Men can't cover up their past sins without suffering from an inner sense of guilt. This sense of guilt produces fear of exposure, which is unhealthy. **"Blessed are the merciful."** The spirit of mercy is an attitude toward life. Mercy is love in action, a combination of righteousness and forgiveness. People who harbor grudges, who are victims of deep resentment, actually bring mental and physical suffering on themselves. **"Blessed are the peacemakers."** To practice aggressive good will in all of one's relationships is health-producing. On the other hand, the husband who is nagged to death or the bullied wife whose spirit is broken, has a psychological hangover as real as that of one who had taken too much alcohol the night before. **"Blessed are the poor in spirit."** These are the humble people who have freed themselves from the inner conflicts and tensions caused by jealousy and false pride. Abraham Lincoln was a tolerant and humble man. His wife, according to some historians, was in-tolerant, proud, and high-tempered. Lincoln's mind was clear to the end, but his wife spent her last days in a room alone, her mind almost gone. Do mental attitudes and emotions affect physical health? You bet! My brother shared with me several years ago about a fellow who went charging in a rage, toward some teens making some noise. He never made it. He fell dead! Someone may say, well, it was likely to happen sooner or later. Perhaps, yet, he might have delayed it. No doubt about it, attitudes and emotions do affect our physical well being. Now this doesn't mean that every illness is related to our hearts and heads, yet there is enough evidence that says proper attitudes and good management of emotions goes a long way toward good health, along with good participation in church. - adapted

See you Sunday! Bill

First Christian Church

5230 Broadway, Great Bend, KS 67530

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#### Sunday Services

8:15 am Early Worship  
9:00 am Sunday School  
10:20 am Morning Worship

#### Sunday Activities

4:00 pm Grades 6-12 Youth Group

#### Wednesday

5:30-7:00 pm Family Fellowship Supper  
5:30-7:30 pm Youth Meetings  
6:00-6:30 pm K-6<sup>th</sup> Program  
6:30-7:15 pm Adult Bible Study

#### Opportunities for Service and Growth

Adult and Children's Choirs	Promise Keepers
Vacation Bible School	Disciples' Men
Men's Groups	Women's Groups
Sunday school for all ages	Kansas Disciple Women
Regional Assembly	Junior and Senior High Youth Group
Bible Studies	Youth Ski Trip
Mission Projects and Trips	Social Events
Special Services	Educational seminars/workshops

#### First Christian Church (Disciples of Christ)

5230 Broadway - Great Bend, Kansas 67530  
620.793.6603 620-793-3136 (Fax)

William Johnson.....Minister  
Kelli Frazier.....Christian Ed Coordinator  
Justin Frazier.....Youth Coordinator  
Kathy Rose.....Secretary  
Jerry Ford.....Music Director  
Mary Hunter.....Bell Choir Director  
Connie Weiser.....Organist  
.....Custodian  
Tammy Jording.....Nursery Attendant

#### Office Hours: M-F

9:00 - 12:00 1:00 - 3:00  
Rev. Bill Johnson, Minister  
[bjohnson@cck.kscoxmail.com](mailto:bjohnson@cck.kscoxmail.com)  
Kathy Rose, Church Secretary  
[fcc@cck.kscoxmail.com](mailto:fcc@cck.kscoxmail.com)  
Kelli Frazier, Christian Ed Coordinator  
[kfrazier@1stcc.org](mailto:kfrazier@1stcc.org)  
Justin Frazier, Youth Coordinator  
[jfrazier@1stcc.org](mailto:jfrazier@1stcc.org)  
Web Site  
[www.firstchristiangb.org](http://www.firstchristiangb.org)

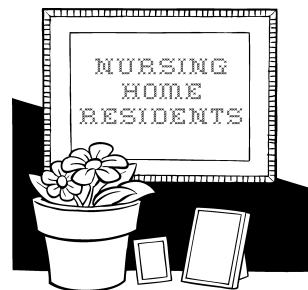


...to Bud and Vi Black and Family upon the loss of Vi's sister, Edna Ummel, from Kit Carson, Colorado

Remember  
Our  
Military



**Susi Bargainear**, LaDonna Moore's niece - Afghanistan  
**Bryce Batchman**, Air Force, Debbie & Richard Batchman's son - Afghanistan  
**Lt. Col. Ken Bellinger**, Army Chaplain, Cliff Bellinger's son - Iraq  
**Josh Gieger**, Army, Roger Marshall's fraternity brother's son - Iraq  
**Cameron Glendenning**, Army Green Beret, friend of Jim & Susan Debes - Iraq  
**Steven McGee**, son of Mystie (Svatos) McGee - Afghanistan  
**Chris Scheuerman**, Cliff & Lynne Scheuerman's son, Bud & Vi Black's grandson-Al Fujairah, United Arab Emirates  
**Delbert Wells**, nephew of Hap Donecker - Iraq



**Great Bend Health & Rehab**

Marjorie Keller

Viola Schwein

**Kansas Christian Home**

Louise McCullum

**Cherry Village Nursing Home**

Martha McKown

**Sterling House of Great Bend**

Darlene Biggs

John Richardson

Lela Wilson

**Woodhaven Care Center - Ellinwood**

Esther Burhenn

Please notify the church office if you would like to have yourself or your loved one included in our prayers. [fcc@cck.kscoxmail.com](mailto:fcc@cck.kscoxmail.com) or 793-660

**THANK YOU!!**  
**THANK YOU! THANK YOU! THANK YOU!**  
**THANK YOU!**

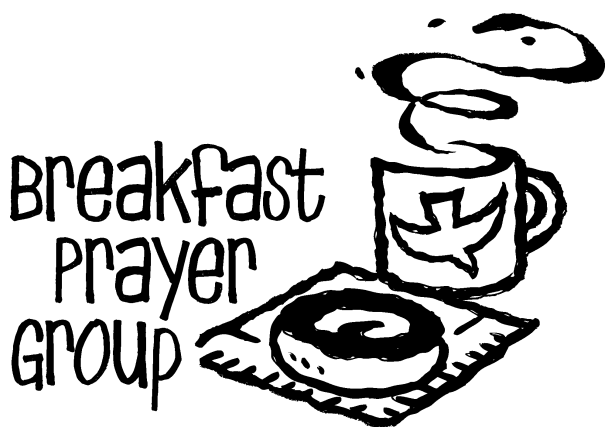
Thanks to your contributions to the 30 Pieces of Silver, \$279.28 was given to the Barton County Emergency Aid Council. It was greatly appreciated!

## May Attendance and Gifts

	3	10	17	24	31
<b>Sunday School</b>	63	54	48	47	N/A
<b>Early Service</b>	34	41	33	36	N/A
<b>Late Service</b>	147	170	137	97	N/A
<b>Children's Church</b>	5	6	3	4	N/A
<b>TOTAL</b>	<b>186</b>	<b>217</b>	<b>173</b>	<b>137</b>	<b>N/A</b>
<b>General Offering</b>	6,346.77	2,767.70	2,195.80	1,593.75	N/A
<b>Bldg. Offerings</b>	2,002.50	1,032.50	687.50	587.50	N/A
<b>Special Offerings</b>	1,367.51	297.99	835.95	55.00	N/A
<b>TOTAL</b>	<b>9,716.78</b>	<b>4,098.19</b>	<b>3,719.25</b>	<b>2,236.25</b>	<b>N/A</b>

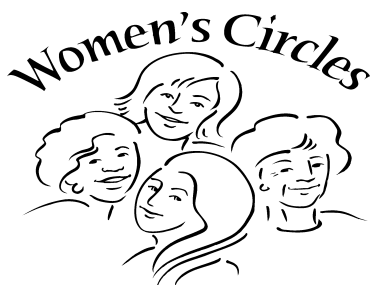
\* Special Offerings include Memorials for Mildred Boepple, Wednesday Night Dinners, Camp Fees, Youth Mission Trip Donations, VBS Donations, Sign Usage, and 30 Pieces of Silver

**Elders/Deacons Meeting – June 10 – 7 pm**  
**Cabinet/Board Meeting – June 17 – 7 pm**



### FCC Men's Breakfast Club!

1st Saturday of each month  
 Highland Hotel  
 8:00 am



#### Martha Group

Hostess: Louise Gunn  
 Program: Earlene Arnold  
 June 17, 2009, 9:30 am

#### Lunch Bunch

June 17, 2009 - 11:30 am  
 The Highland

#### Joy Group

Salad Luncheon  
 June 23, 2009, 12:00 pm (Noon)

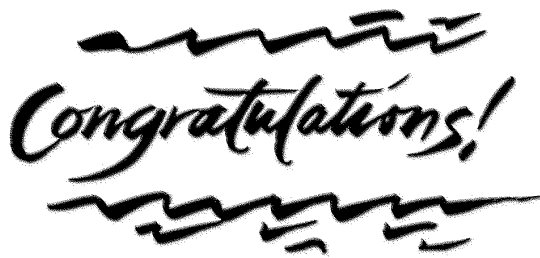
#### New Day Group

Hostess: Lois Johnson  
 Program: Connie Brockhausen  
 June 22, 2009, 7:00 pm  
 Friendship Classroom



Please welcome Doris Berkley into our church family. She joined the church by transferring her membership.

The Clothier Family, Tim, Teri, and Zachary, have joined our church through baptism. We are glad to have you!



to

Roger Butler for receiving an award as the Outstanding Polygrapher for the American Association of Polygraphers!

**Fort Hays State University**  
announces that  
**Kevin Andrew Hoff**  
has earned the degree of  
**Bachelor of Science in Education.**

Please join us on Saturday,  
June 6, 2009, 2:00 - 4:00 pm

As we celebrate and recognize Kevin  
for his  
outstanding accomplishments.

311 Point Drive  
Great Bend, Kansas 67530

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### What is a Father?

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Being of the male species does not make a man a father, for a dad is a special blend of hero, disciplinarian, a friend, someone to look up to, someone to model ... someone with a touch of the "mother" in him, someone who is big enough to say, "The fault was mine" ... someone who lives the kind of life that makes you want to say, "I, too, shall follow him!"

-Dr. Alton Kaul

*Thanks  
Dad!*

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